



Why Volunteer?

- **Modelling positive behaviour for our children:**
Use the opportunity to show your children how you support the values in your school.
- **Gain new skills and confidence:**
Expanding on your skill set is never a bad thing!
- **Good for the resume:**
Employers like to see who's willing to go that extra mile.
- **For the benefit of our children:**
Think of all those extra activities you've helped put together like discos, sundowners, colour runs and how much the kids love these!
- **Fosters a sense of community:**
You're helping to add services and events that bring people together, and it's building a network of safe people for your children to turn to.
- **Sharing the load:**
If everyone does a little bit, then it can be less daunting/overwhelming.
- **Feel valued and part of the team:**
Volunteering can increase your self-worth, and you get many positive emotions when you can stand back and admire all of your hard work. Research shows people who volunteer live longer, have lower stress levels and are generally healthier.
- **Co-responsibility:**
Refers to working for the common good, and not trying to pursue your own interests over anyone else's- looking at the bigger picture. "It's how those of us who have, can help those of us who have not." (Siobhan Allen, Catholic School Parents WA).
- **Getting to know the Leadership Team and Teaching Staff:**
Volunteering at school is great way to communicate with and build a trusting relationship with the Leadership team. It's also a great opportunity to build relationships with the teachers and work together for positive outcomes.
- **Spending time with our children:**
Another good reason to volunteer is to spend time with your children and get to know their friends.